
August Theme: FOOD

We're dedicating this month's newsletter to our food-related projects as we sign off on this month's theme. How about this inspiring quote:

"No one who cooks, cooks alone. Even at her most solitary, a cook in the kitchen is surrounded by generations of cooks past, the advice and menus of cooks present, the wisdom of cookbook writers."— Laurie Colwin

"The Biggest Little Farm" Screening & Discussion - Rescheduled to Aug. 30



Presented by Meaningful Movies : Sustainable Ballard

The Biggest Little Farm is an eight-year journey where Molly and John Chester traded city living for a 200 acre farm. They transformed barren farmland into an ecosystem where harvest and harmony co-exist. Join us for this spectacular film and discussion via Zoom. **Sunday, Aug. 30, 5:30 p.m.**

[Details...](#)

Eat Local - It's Good!





In August we have embraced LOCAL FOOD. Why should we eat local? Local food tastes better, it's better for you, it supports local farming families, and so many other reasons!

[Details...](#)

Baked Goods Gleaning - Tall Grass Bakery/Cafe Besalu for St. Luke's Edible Hope Program



For years, we've been collecting unsold bread and baked goods from Tall Grass Bakery and Café Besalu each weekend and delivering it to St. Luke's Episcopal Church for their weekday meal program serving neighbors in need. With this simple and satisfying project, literally a TON of delicious baked goods finds its way to hungry neighbors instead of the composting dumpster.

[Details...](#)

We need YOUR help feeding hungry neighbors



Join our team of volunteers who collect donations from the Ballard Farmers Market vendors. At the end of each Sunday market, we deliver donations to the nearby Ballard Food Bank, supplying hungry folks with fresh, local produce. Help us feed the community!

[Details...](#)

Support your neighbors from home



Meals with Neighbors is still serving nutritious food to our community each Sunday! We haven't had a big need for volunteers, as new safety protocols are keeping our staffing light to keep everyone safe. BUT, you can still support your friends in the neighborhood by **making care packages or bagged lunches at home!**

[Details...](#)

Meet Paula!



Say Hello to another Sustainable Ballard member and volunteer. Paula is a board member and leads the Little Free Libraries project and volunteers for so much more. She's a woman of many talents!

[Details...](#)

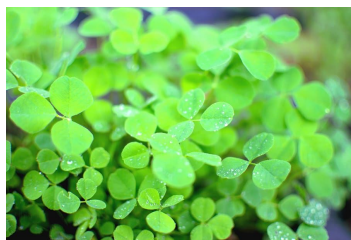


Table of Contents

[*Film: the Biggest Little Farm*](#)

[*Eat Local - It's Good!*](#)

[*Baked Goods Gleaning*](#)

[*Market Gleaning*](#)

[*Meals for Neighbors*](#)

[*Meet Paula*](#)

[*Community Board*](#)



Community Board

[Racial Justice is Climate Justice](#)

[Get RainWise: Webinar & Contractor Meet Up!](#)

[Visit State Parks on Free Days - Next on August 25](#)

[First Indigenous Online Film Festival](#)

[Sustainable Seattle: Sailgating! - Date Change to Sept. 1](#)

[Northwest Green Home Tour - Sept 12-13](#)

[Seattle Foodies Bucket List](#)

[Standing with Northwest Tribes for Food Sovereignty](#)

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A BIG thanks to [PSCCU](#) for supporting us during these unprecedented times!



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Thanks also to our most recent members, renewals and donors!

*Keane Daly
Nancy Hutchinson
Ali Kamenz
Geoffrey Murray
Live One
Kevin O'Neill
Eric Smith*

Our organization and its many projects run largely on passion, creativity, and volunteer commitment, with financial support from individuals like you, sponsors, grants, and contracts. Want to see your name here?



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Get Involved

There are so many ways to support Sustainable Ballard - we've got options for everyone.

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Member Spotlights

Do you know a Sustainable Ballard Member who should be featured on our website and social media?

[Fill out a nomination form today!](#)



Sustainable Ballard, a blueprint for Everytown, USA, educates, inspires, and engages neighbors to take action to live more sustainably both individually and collectively. Our vision is an inclusive, joyful, sustainable community co-creating a world for this and future generations where eco-systems are healthy and peace is inevitable.

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