

GREENER CLEANERS & PERSONAL CARE PRODUCTS

make your own! save money, avoid chemicals, and help our orcas.

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KITCHEN

Dish Soap

- 1/2 cup water
- 1 tablespoon white or citrus vinegar
- 1/2 cup Sal Suds
- 1 tablespoon moisturizing oil: jojoba, sweet almond, or olive oil

Mix and store by the sink! Great for dishes and hands.

Dishwashing Powder

- 1 part salt
- 2 parts Borax*
- 2 parts washing soda*

Mix together. Best if you also use citrus vinegar as rinse aid.

Wooden Cutting Board Sanitizer

- Coarse Sea Salt
- Water

Wet cutting board and rub coarse sea salt into the surface on both sides. Let stand for 10-15 minutes, then rinse off.

Porcelain Sink/Tub Polisher

- Coarse Sea Salt
- Lemon Wedge

Use lemon wedge to scrub the sink with salt. Works in the kitchen sink and the bathtub!

BATHROOM & PERSONAL CARE

Clogged Drain Clearer

- Vinegar
- Baking Soda

Fill drain with baking soda; pour in vinegar until you have created a small "volcano" - clears the drain right up!

Toothpaste

- 2 parts Coconut Oil
- 1 to 2 parts Baking Soda (to taste/to your preference)
- a few drops Peppermint Essential Oil (use SPARINGLY)

Mix and store in a watertight container (a jar works great) at room temperature.



* Find these at your local grocery store - they are usually in the laundry aisle.

LAUNDRY

Detergent

- 3 Tbsp Borax
- 3 Tbsp Washing Soda

---> Mix with 4 cups boiling water, until dissolved. Pour into an empty plastic detergent jug (I just saved the last one we bought, in the "standard" ~ 2.5 L size). Then add:

- 3 Tbsp Castile soap (like Dr. Bronners)
- OPTIONAL: a few drops of essential oils, for added scent.

---> Mix well but don't shake. Finally, fill the rest of the jug to the top with cold water and swirl until the whole thing is mixed.

Stain Remover

- 1 part dish soap
- 2 parts hydrogen peroxide

Store in a dark container or in a cabinet away from sunlight - best if mixed in small doses and used immediately.

Reusable Loofah

Try out a reusable, cotton loofah for your showering needs. Can be washed right in the washing machine and won't shed tiny microplastics down your drain and out into our Sound! Find one at RiteAid, Walgreens, or Bartell's.

ALL-PURPOSE

Citrus Vinegar

- Citrus Fruit Peels (Lemon, Lime, Orange)
- Distilled White Vinegar

Fill a glass jar with citrus fruit peels, then pour vinegar into the jar up to the top. Seal and keep in fridge for minimum four weeks; shake periodically, or rotate upside-down and right-side-up to ensure mixing. Sub for white vinegar in nearly all cleaning recipes. Makes a great forgotten load refresher for the laundry room!

Surface/Floor Cleaner

- Vinegar OR Citrus Vinegar
- Rubbing alcohol
- Water

Mix equal parts. Fill a reusable spray bottle, spray and wipe.

Mildew Stopper

- Vinegar (white or citrus)

Keep some handy in a reusable spray bottle!